



PACKING LIST

Bring less, enjoy more

You will be responsible for loading your own luggage on and off buses and into hotels, so it's best to pack light—one small suitcase and an EF backpack for a carry-on. Many airlines now charge for additional luggage. If you are traveling on an itinerary with a train transfer should bring even smaller suitcases since luggage space is limited. We recommend you carry valuables, medications and an extra change of clothes in your EF backpack and bring this with you on the plane.

Clothing and accessories

Keep in mind that some religious sites require that shirts cover the shoulders and arms, and do not allow shorts, short skirts or flip-flops.

- Comfortable walking shoes
- Shirts (short- and long-sleeved)
- Socks and underwear
- Shorts/pants/jeans
- Pajamas
- Bathing suit (if applicable)
- Raincoat and/or umbrella
- Watch

Toiletries

- Toothbrush
- Toothpaste
- Shampoo/conditioner
- Soap
- Deodorant
- Hairbrush/comb
- Sunscreen
- Spare set of contact lenses/glasses

Money

- ATM card (call the bank prior to departure to alert them of the trip)
- Personal credit card (call the credit card company to tell them the card will be used overseas)
- At least \$50 converted to foreign currency of the first country that you're visiting
- Pouch for storing money and passport under clothing (available at travel stores)

Documents

- Passport (required on all EF Educational Tours; remember to bring a photocopy on tour and leave one copy at home)
- Visas (if applicable)
- A copy of the tour itinerary
- A list of important contacts and addresses to send postcards home
- Copy of any prescriptions (customs officials may want to verify that a container's contents match its label, so all medication should be carried in its original container)

Electronics

- Alarm clock (many hotel rooms won't have one)
- Adaptor/converter (available at travel stores)
- Camera (memory card and charger/batteries)

Carry-on bag

The EF backpack is a perfect carry-on bag. Here's a short list of items travelers might need on their arrival day. These should be packed in the carry-on bag in case luggage is delayed.

- Passport
- Money
- Airline ticket
- Toothbrush and toothpaste (check tsa.gov for current security requirements)
- Hair brush
- Contact lens case/glasses and glasses case
- A change of clothes (in case luggage is delayed)
- Medication
- Any valuables